

ALL STAR TRYOUT PACKET
2022-2023
SEASON 3



ENTER. TRAIN. BECOME.

ABOUT US

MORE THAN JUST CHEERLEADING... WE ARE FAMILY

Planet Cheer identifies our core values as integrity, respect, responsibility, sportsmanship, accountability, leadership, and teamwork. When any athlete or staff enters Planet Cheer, they are trained to become representatives of our core values.

Located in Castle Rock, Colorado and heading into our 3rd competitive season, we believe that cheerleading is not only an incredible sport but it is a great opportunity to learn valuable, real-life lessons. Planet Cheer encourages good sportsmanship, teamwork, dedication, strong work ethic and selflessness. We are a family and teach the importance of accountability and support. We believe in teaching athletes to be the best that they can be, not only for their own growth but for the growth and success of their team. At Planet Cheer our goal is to give every athlete the attention and time they need regardless of their skill level. It is our priority for each athlete grow and succeed in reaching their personal and team goals. By building relationships, athletes feel connected, and it will help them succeed. We take pride in the fact that our coaching staff is not only here to grow your athlete, but they are here to build relationships that will last a lifetime. Our coaching staff consists of highly qualified coaches from all backgrounds who are eager to work with your athlete and help them succeed. All our coaches are USASF and Safesport Certified.



“These values help athletes with their development, make good choices in all areas of their lives, as well as reflect the true spirit of competition.”

- Christine Rumler,
Owner

ENTER. TRAIN. BECOME.

COMPETITIVE PROGRAMS

AT PLANET CHEER, WE PRIDE OURSELVES IN HAVING PROGRAMS FOR ALL AGES AND SKILLS LEVELS OF EXPERIENCE. BELOW YOU WILL FIND DETAILS ON THE DIFFERENT PROGRAMS WE OFFER.

FULL YEAR IN STATE / PREP	FULL YEAR ELITE
<p style="text-align: center;">YOUTH AGES 5-11 JUNIOR AGES 6- 14</p> <ul style="list-style-type: none"> • Designed for beginner and intermediate athletes that are looking for less of a financial and time commitment • Season runs May- May • Summer season (June to July) Teams practice 2x per week which includes 1 team practice and 1 tumbling practice: 3-4 hours • Fall/winter season requires athletes to attend 2x practices per week: 3-4 hours • 4-5 local competitions 	<p style="text-align: center;">YOUTH AGES 5-11 JUNIOR AGES 6- 14</p> <ul style="list-style-type: none"> • Designed for athletes that have <i>some</i> experience and really want to dive into the cheer world. • Season runs May- May • Summer season (June to July) Team practice 2x per week which includes 1 team practice and 1 tumbling practice: 4-5 hours • Fall/winter season requires athletes to attend 2x practices per week: 4-5 hours • 3-4 local competitions & 1-2 out of state competitions

1/2 YEAR ELITE	CROSSOVERS
<p style="text-align: center;">AGES 12 - 18 TRYOUTS JULY 23rd</p> <ul style="list-style-type: none"> • Designed for middle/high school aged athletes who have experience but cannot make the commitment to a full year team and want to supplement their cheer experience. • This team will be very flexible with High School cheer schedules • Season runs August- February • Teams will practice 1x per week on Sunday evenings 3-4 hours. Time: TBD • 1 local competition & ending with NCA All Star Nationals • Available for athletes with level 3/4/5 skills. • Based on team evaluations we will determine level teams. 	<ul style="list-style-type: none"> • Crossovers are exceptionally dedicated athletes who compete on two teams. • A monthly crossover fee of \$150 will be added to the athlete's tuition. • These athletes will practice 4-5x per week. • Crossovers will need to pay coaches' fees and for each competition and travel expenses for that team if necessary. • Please indicate on tryout form whether your athlete is willing and able to crossover for the season- please consider the time commitment and dedication it takes to be a crossover before agreeing. • Coaches will ultimately decide if athlete is capable of crossing over and for which teams.

ENTER. TRAIN. BECOME.

LEVEL BREAKDOWNS

LEVEL 1	LEVEL 2	LEVEL 3
Forward roll handstand Cartwheel back bend Front limber Front walkover Back bend kicker Back walkover Back walkover series Cartwheel back walkover roundoff Rebound	SOLID back handspring Roundoff back handspring Cartwheel back handspring Back walkover back handspring Back handspring step out Roundoff back handspring series Front walkover roundoff back handspring Other running combo passes	Back walkover to back handspring Standing three back handspring Toe touch to series back -handspring Roundoff back tuck Roundoff back handspring -back tuck Punch front / aerial Combo pass through to tuck
LEVEL 4	LEVEL 5	LEVEL 6
Standing tuck Toe touch back handspring tuck Standing two back handspring to tuck Roundoff back handspring layout Combo pass to layout	Toe touch back tuck Standing two back handspring to layout Roundoff back handspring full Combo pass to full	Toe touch back tuck Standing series back handspring to full Combo running pass to full Double full Combo pass to double full Standing full/ toe touch full Standing back handspring to double Standing combo to double

Level requirements listed above are the MINIMUM tumbling requirements for each level. To be considered at a level athletes should have mastered all listed skills with consistency and good technique. Please reach out with any questions!

Athlete team placement will be evaluated by the coaching staff on the following criteria:

- Stunt difficulty & technique
- Stunt position (flyer, base, back spot, other)
- Tumbling on count
- Tumbling difficulty & technique
- Jump technique
- Athleticism
- Showmanship
- Willingness to accept and apply instruction
- Overall attitude and attendance from the past season/time management (if applicable)
- Ability to count music
- Having stable emotions/works well with others
- Comprehending change
- Ability to take constructive criticism
- Must be potty trained

We divide our tryouts according to age & tumbling level of athlete but PLEASE keep in mind, we take many aspects of the athlete into consideration prior to team selection.

Experience, skill level, growth, coachability and competitive/maturity will all be considered when forming teams.

We spend many hours forming teams that we believe will have a successful season and carefully place athletes where we believe they will be challenged and grow!

Athletes will be expected to have consistent skills throughout the season, so only throw skills you have completely mastered for tryouts.

ENTER. TRAIN. BECOME.

TEAM TRYOUTS

TRYOUT PREP CLINICS

***TRYOUT CLINICS- These clinics are for In State & Elite athletes who want to sharpen up their skills.

Cost : \$100 week (\$50 discount for all 3)

May 2ND- May 5th
May 9th – May 12th
May 16th – May 19th

Monday

Instate Teams- 4:30-6

4:30-5:15- Stunting
5:15-6 Tumbling

Elite Teams- 7-9

7-8 Stunting
8-9 Tumbling

Tuesday

Instate Teams- 4:30-6

4:30-5:15- Stunting
5:15-6 Tumbling

Elite Teams- 7-9

7-8 Stunting
8-9 Tumbling

Wednesday

Instate Teams- 4:30-6

Motions/Jumps/Dance

Elite Teams- 7-9

Motions/Jumps/Dance

Thursday

Instate Teams- 4:30-6

Motions/Jumps/Dance

Elite Teams- 7-9

Motions/Jumps/Dance

TRYOUT DATES

ATHLETES MUST ATTEND EVAL/TRYOUT TIME ACCORDING TO THEIR AGE AS OF DECEMBER 31, 2022

We will follow the USASF age grid released for the 2022- 2023 season. There is a minimum and maximum age for all age groups and levels.

ELITE

May 21st, 2022

AGES 4 – 8

9:00 am- 12:00pm

AGES 9 – 14

12:00 pm– 3:00pm

IN STATE

MAY 22, 2022

AGES 4 – 8

9:00 am– 12:00pm

AGES 9 – 14

12:00 pm– 3:00 PM

½ YEAR ELITE

JULY 23rd, 2022

AGE 12 & UP

11:00 – 1:00 PM

What to expect day of PC Tryouts:

****PARENTS ARE NOT ALLOWED TO WATCH TRYOUTS****

After your athlete is finished tryout out, you are free to go. Please check your email regarding official team selection and next steps including official practice times for June/July as well as the fall/winter season

On the day of tryouts, you will enter the gym & be asked to turn in the tryout form you received at the Parent tryout meeting indicating stunt position, skills mastered, skills competed, & team preferences including crossing over/ being an alternate.

Athletes will tryout by level, progressively from youngest to oldest. They will demonstrate the following skills on tryout day:

1. Jumps including toe touch, pike, hurdler & double toe touch
2. Jumps to standing tumbling skill (if applicable in level)
3. Hardest running tumbling pass, followed by 2nd pass if desired
4. Hardest standing tumbling skill
5. Flyers will show body positions on floor, bases & backspots will be asked what position they prefer. The more positions mastered, the more chances they have to make desired team.
6. Dance- 8-count dance will be sent via video **one week prior to** tryout day. Athlete needs to learn dance & practice to music so they will be prepared! We will be evaluating motions, timing, performance, and ability to apply instruction.

What to wear:

- All black shirt or sports bra
- All black shorts
- Cheer shoes
- Hair up in practice bow (will be given at registration)

ENTER. TRAIN. BECOME.

MAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Optional tumbling clinics L1 & L2 6:30-8:30	Optional tumbling clinics L3&up 6:30-8:30	Optional tumbling clinics L1 & L2 6:30-8:30	Optional tumbling clinics L3&up 6:30-8:30		
8	9	10	11	12	13	14
HAPPY MOTHER'S DAY!	Optional tumbling clinics L1 & L2 6:30-8:30	Optional tumbling clinics L3&up 6:30-8:30	Optional tumbling clinics L1 & L2 6:30-8:30	Optional tumbling clinics L3&up 6:30-8:30		CHEER 101 1:00-3:00 OPEN HOUSE 3:00-5:00
15	16	17	18	19	20	21
PARENT TRYOUT MEETING 3:00-5:00	Optional tumbling clinics L1 & L2 6:30-8:30	Optional tumbling clinics L3&up 6:30-8:30	Optional tumbling clinics L1 & L2 6:30-8:30	Optional tumbling clinics L3&up 6:30-8:30		FULL ELITE TRYOUTS
22	23	24	25	26	27	28
FULL PREP INSTATE TRYOUTS	Practice Groups/ Evaluations 5:00-7:00pm	Practice Groups/ Evaluations 5:00-7:00pm	Practice Groups/ Evaluations 5:00-7:00pm	Practice Groups/ Evaluations 5:00-7:00pm	TEAM PLACEMENT GYM CLOSED	TEAM ANNOUNCEMENTS 8AM!!! GYM CLOSED
29	30	31	1	2	3	4
GYM CLOSED	HAPPY MEMORIAL DAY! GYM CLOSED	UNIFORM FITTING & PARENT MEETING WELCOME PRACTICE TEAM BONDING	UNIFORM FITTING & PARENT MEETING WELCOME PRACTICE TEAM BONDING	UNIFORM FITTING & PARENT MEETING WELCOME PRACTICE TEAM BONDING		

ENTER. TRAIN. BECOME.

TUITION BREAKDOWN

IN STATE/PREP	ELITE	1/2 YEAR ELITE
<p>ALL Teams: \$175/MO (3-4 hours of practice/week)</p> <p>Apparel includes 2 sets of practice wear, 1 team shirt, 1 practice bow, 1 competition bow, competition make up</p> <p>Tuition also includes: Gym Fees, Team Camp, Choreography, Routine Music, team pictures and end of season banquet</p>	<p>ALL TEAMS: \$395/MO (5-6 hours of practice/week)</p> <p>Apparel includes 2 sets of practice wear, team shirt, 1 practice bows, 1 competition bow, competition make up</p> <p>Tuition also includes: Gym Fees, Team Camp, Choreography, Routine Music, team pictures and end of season banquet</p>	<p>1/2 ELITE: \$200/MO (3-4 hours of practice/week)</p> <p>Apparel includes 1 set of practice wear, 1 team shirt, 1 practice bow, 1 competition bow, competition make up</p> <p>Tuition also includes: Gym Fees, Team Camp, Choreography, Routine Music, team pictures and end of season banquet</p>

- **ANNUAL TEAM FEE:** This covers front loaded cost that the gym incurs at the beginning of the season. Collecting an annual team fees slightly decreases your monthly payment and allows us to pay for expenses on behalf of your athletes and will be charged the day of team placement.

IN STATE	ELITE	1/2 YR ELITE
\$150	\$350	\$150

- **UNIFORMS:** We have brand new uniforms this year! We keep our uniforms for 2+ years So, they do get used quite frequently. Fundraising opportunities are available for uniforms. Many athletes are able to cover their full cost of their uniform through fundraising so it is highly recommended. Uniform includes top, bottom and liner. Shoes purchased separately.

IN STATE	ELITE	1/2 YR ELITE
\$250	\$500	\$500

ADDITIONAL EXPENSES

- **TRYOUT FEE:** \$100 per athlete or \$150 for families with 2 or more athletes- This covers registration into our program, your athlete's evaluation and our new 2022-2023 practice bow! **This fee is non-refundable.**
- **USASF MEMBERSHIP:** \$50 per athlete. This is required for all competitive athletes. All parents will be required to log onto USASF and complete their athlete's certification in order to eligible for the 2022-2023 competitive cheer season.
- **End of Season Bid Event Fees:** this covers your athletes related expenses for their end of season event bids you will only be required to pay this fee if and when your athletes team earns a bid to the event. Fee: TBD
- Competition fees and coaches traveling fees for Elite will be charged separately the month of the competition.

ENTER. TRAIN. BECOME.

ADDITIONAL TUITION INFORMATION

- Planet Cheer strives to be an extremely competitive program, while offering affordable rates for our families. Your monthly tuition is all inclusive and covers nearly everything your child will need for the entire season.
- Monthly tuition will be charged on the 1st of each month, May 2022- May 2023. A LATE FEE of \$25 will be charged after the 15th of the month.
- Tuition is based on a four-week month all scheduled closures (holidays, seasonal closures, weather closures) being pro-rated into monthly costs.
- ALL monthly tuition includes gym fees, coaches pay, insurance for your athlete, competition fees, team camp, choreography camp, routine music, & apparel for the season
- A sibling discount of \$75 off per month is given to families with multiple athletes in either program.
- Pay your complete season fees up front and save 5%!

DROP FEE \$1000

This is a fee that will cover all expenses to replace your child if they quit the program after August 1st, 2022. Please consider this before trying out! Our drop fee is there to protect other team members and their family's investment in our program. We are more than happy to talk with you about the progress of your athlete and their team placement before our drop deadline. Quitting after the drop deadline may cause your child to forfeit future tryout privileges here at Planet Cheer (depending on circumstances) If your athlete chooses to quit before the drop date no refunds will be given on tuition, uniform costs, or tryout fees already paid.

TRAVEL EXPECTATIONS

Most of our competitions are local, so travel fees are extremely manageable. For teams that travel out of state (Elite and Half Year Elite) There will be two out of state competitions scheduled and there are a few additional expenses. When traveling to out of state competitions, families should plan for the following: Competition fees, coaches fees, travel, and accommodations. For our Elite Teams, Planet Cheer will consider all bids for end of the year National and/or Out of State events. If your athlete's team receives a bid to an end of season (EOS fees) event, there may be additional costs to cover registration fees etc.

<<<<<<<What's Next>>>>>>>>>

- When you join Planet Cheer, you are joining the gym, not a specific team or level.
- Everyone who attends tryouts at Planet Cheer makes a team, however it may be suggested that in state or half year program is a better fit for certain athletes.
- Athletes who do not keep skills performed at tryouts may be moved to a different team and/or become an alternate for that team.
- Athletes who improve remarkably may be moved up according to the situation.
- Parents must read thoroughly & sign the PC Parent Agreement form before athlete can be added to team.
- Athletes must read thoroughly & sign the PC Athlete Agreement form before being added to a team.
- These agreement forms highlight our attendance policy as well as commitment expectations.
- Team rosters are open to change throughout the season as athletes grow out of or into stunt positions.
- Athletes MUST compete at ALL competitions if rostered.
- Athletes must show consistent attendance and a positive attitude to keep their spot.

ENTER. TRAIN. BECOME.

HOW TO REGISTER

STEPS TO ONLINE REGISTRATION:

- Visit our website at www.planetcheerco.com
- Click team/tryouts
- Click Register for 2022-2023 Season
- Each athlete needs a separate registration
- Tryout fee of \$100 must be paid online before May training
- Tryout fee is \$150 for families with 2 or more athletes

CALL US TODAY!

Check out our website for more information on our classes, staff,
or to schedule a tour of our amazing gym!

#ALIENINVASION

1733 S. Perry St #103 Castle Rock, CO 80104

Gym Number: (303) 218-8092

Planet Cheer is owned & operated by:

Christine Rumler

Email: planetcheercolorado@gmail.com

Website: www.planetcheerco.com

ENTER. TRAIN. BECOME.